



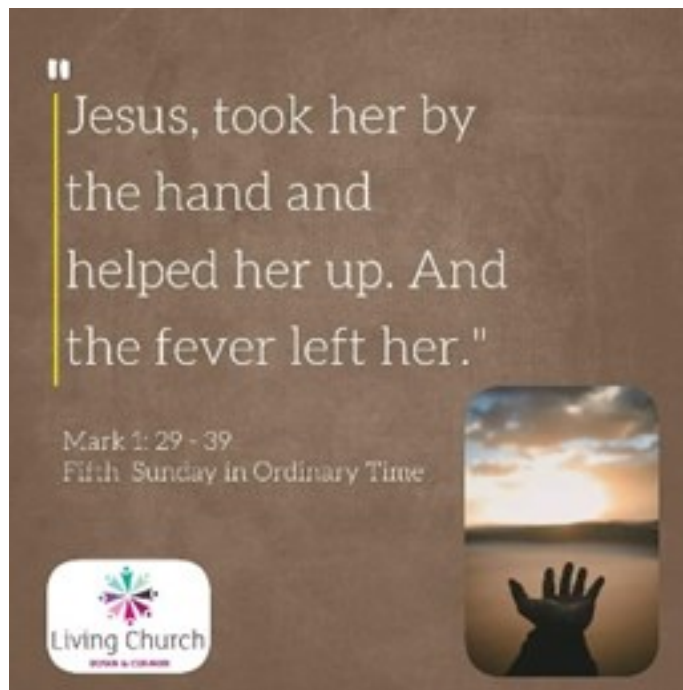
9th February 2024



**GOSPEL: VALUE:** Our Gospel Value this coming week is Compassion. Please reflect on this at home with your child.

### Weekly Reflection

This week we have been reflecting in the words from last Sunday's gospel, thinking about how Jesus takes each one of us by the hand and helps us. We have been reflecting on our school mission statement and remembering that, 'Jesus is the centre of our lives' and that we need to open our hearts and minds to His helping hand.



We are turning our thoughts towards our Lenten Journey which will begin on Ash Wednesday, this coming week. We will all attend Mass together and receive ashes, the children will have an assembly on Monday to explain the significance of receiving ashes, to remind us of the sacrifice that Jesus made for us. I have also enclosed several Lenten resources with the newsletter, so that our families feel supported with prayer and worship at home. We will also send these home on Tapestry and SeeSaw.

Well done to the Year 5 pupils who have completed Bike Ability over the last 2 weeks we are proud of your achievements and to the children who took part in the Cycling Festival this morning. Our Year 3 pupils also enjoyed a fantastic trip to Celtic Harmony which will underpin their History learning about The Stone Age (more details next week).

I hope that you all have a great weekend.

*Mrs Kerrell*

Headteacher

## Lenten Resources

Pope Francis has shared his message for Lent 2024 in a letter;

<https://www.vaticannews.va/en/pope/news/2024-02/pope-francis-lent-is-a-time-of-conversion-and-freedom>.

Please follow this link to the CAFOD website where you will find resources for family prayer and a daily reflection:



<https://cafod.org.uk/pray/prayer-resources/lent-family-prayer-ideas>

Families may also like to sign up for the Lenten daily reflections:

<https://cafod.org.uk/pray/lent-calendar>

## Prayer

Pope Francis has declared that 2024 is a Year of Prayer. We would like to encourage our pupils and parents to visit our Prayer and Worship page on our website where you will find all the prayers that your child needs to learn. There is also a link to Cafod where families can find lots of prayers to say together.

<https://www.holycross-pri.essex.sch.uk/page/?title=Prayer+and+Worship&pid=228>

## Classroom Acts of Worship

Sincerest thanks to the parents and families who were able to come along to the Classroom Acts of Worship this week and to those parents and families who will be attending next week. It was wonderful to share these special times in the week with you and please visit our website to see photos:

<https://www.holycross-pri.essex.sch.uk/page/?title=Collective+worship&pid=130>



This year the CAFOD club have signed up to the Big Lenten Walk. The aim of the fundraising is that we walk 200km over the 40 days of Lent. That sounds like a lot, but it is only 5 km (3 miles) a day. In school we are very active and this counts towards our steps. We will be doing regular golden miles in school to help get those steps in. You can help at home by ditching the car (this is good for the environment too) and walking to school or the shops don't forget to wear your fit bit to track these steps (please don't wear smart watches at school). The children will be coming home with a sponsor form - to donate is very easy you just follow the link below to our just giving page and donate what you can. In 2023 250,000 children and young people from 650 schools raised £187,000 for Lent! Let's try to help CAFOD raise even more money this year to help communities in need around the world.

There will be prizes for the furthest distance and most money raised.

When donating please put the child's name and class so we can keep track.

<https://schools.walk.cafod.org.uk/fundraising/cafod-club-fundraising-page>

## Movie Night and Disco

Thank you to the Friends of Holy Cross, for organising the movie night, last week and the disco today. Both events have been a tremendous success, with the children having a fabulous time.

Thank you to all the parent helpers, who stayed to help, without you these events could not happen.



### Bicycle Festival

6 children were invited to a bicycle festival at Church Langley School. The children participated in a series of obstacle courses, races and challenges.

Holy Cross children were amazing with their speed and sliding skills. Riding a bike is a great way to keep healthy both physically and mentally. If you have a bike at home ask your parents if you can go out for a ride this weekend.

## ATTENDANCE MATTERS





Congratulations to the winners of the KS1 Attendance Award, Ladybirds achieving 98% attendance. Well done! The winners of the KS2 Attendance Award are Foxes, also attaining 98% attendance. Well done!

Please ensure you are sending your child into school everyday, unless they are not well enough to attend. Attending school is so important and makes a huge difference to your child's learning. The gates open at **8:30am** until **8.50am**.

**It is essential you notify us of your child's absence by 9am either by telephone or using the Pupil Asset report absence option on every day of absence. We need full details of why your child is unable to attend school. We are frequently having to contact parents, to find out why their child is absent from school. If you do not notify us of the reason for your child's absence it may not be authorised.**

Absences over 3 days require supporting medical evidence, for the additional absence to be authorised. Medical evidence can take the form of prescriptions, antibiotics and medical appointments.

Parents of children below attendance targets will be invited in for a meeting with the Educational Welfare Officer.

 Butterflies	93%	
Ladybirds	98%	
Dragonflies	93%	
Grasshoppers	97%	
Hedgehogs	95%	
Squirrels	90%	
Badgers	94%	
 Foxes	98%	
Hares	97%	
Rabbits	94%	
Kingfishers	97%	
Robins	96%	
Eagles	93%	
Owls	95%	



# FOOD BANK

Please help us collect non-perishable foods for our food bank. The food bank is located in the entrance hall and we hope will support many families within our school community.

## DROP-OFF LOCATION:

School Office



# **Please could you provide**

## **New, unused and in date**

**EYFS** – Baby supplies (nappies, wipes, baby bath, baby shampoo, creams and lotions)

**Year 1** – Pasta, rice and spaghetti

**Year 2** – Cereals, biscuits, crisps/snacks and UHT milk

**Year 3** – Tinned food (beans, soup, spaghetti, tinned meat, tinned fruit, tinned vegetables)

**Year 4** – Jarred food (cooking sauces, sauces, mayo, jam, honey and condiments)

**Year 5** – Coffee, Tea, Sugar, Squash

**Year 6** – Toiletries (shampoo, shower gel, conditioner, deodorant, soap, flannels, toothpaste)



# LOOSE CHANGE CHALLENGE

The PTA is challenging each class from Reception to Year 6 to fill up bottles with change from

**1st February to 1st May.**

A fun challenge for the whole class to join together and help to raise funds for the school. There will be a prize for KS1 and KS2 classes who collect the most bottles with change.





# Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY  
MILK

## GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

## TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

## GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

## LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

## AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

## HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

## BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

## 'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

## SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

## TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

## SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

## WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

## Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE  
BOX

The  
National  
College



National  
Online  
Safety

#WakeUpWednesday



# SMARTPHONE SAFETY TIPS

## for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

### NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

### RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

### TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

### STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

### DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

### IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

### ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

### REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

### THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

### SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College



National Online Safety

#WakeUpWednesday





## Times Tables Rockstars

Congratulations to the following children for trying really hard with their times tables this week.

Hedgehogs: Hugo

Badgers: Nick

Hares: April

Kingfishers: Rohan

Eagles: Faith

Squirrels: Olivia

Foxes: Tadhg

Rabbits: Feodora

Robins: Justin

Owls: Blanka

## Gospel Value Awards

### Justice

**fairness, equality, share for all**

"The Lord is gracious and merciful: patient and plenteous in mercy. The Lord is sweet to all: and his tender mercies are over all his works. The Lord is just in all his ways: and holy in all his works." Psalm 145: 8-9, 17



Congratulations to the following children who received the Gospel values certificate this week.

Butterflies: Jayden

Dragonflies: Tobi

Hedgehogs: Filip

Badgers: Sophia

Hares: Joshua

Kingfishers: Amy

Eagles: Miles

Ladybirds: Olivia

Grasshoppers: Salem

Squirrels: Olivia

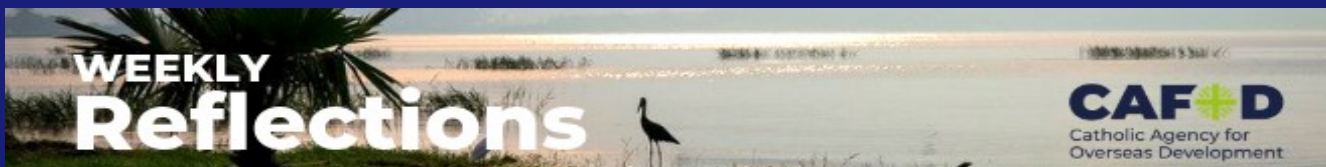
Foxes: Athea

Rabbits: Zofia

Robins: Aroha

Owls: Rhea





Based on the gospel for Sunday 11 February, Sixth Sunday in Ordinary Time: Mark 1:40-45

**"The leprosy left him at once and he was cured."**

The gospel for this Sunday tells the story of Jesus healing a man with leprosy. A leper was considered an outcast, isolated from the community. This person may stand for anyone who is excluded from the community or persecuted for being different. Prejudice and discrimination can be as painful as any physical disease.

Jesus' response to the leper would have been startling at the time. Instead of avoiding or condemning the leper, Jesus reaches out with compassion, touching and healing him. Through the gospel, we are challenged to examine our own attitudes and behaviours towards those who feel on the margins of society. How might we engage with and uplift those who are often overlooked or rejected by the mainstream?

The healing of the leper celebrates the transformative power of inclusion and acceptance. In the context of social justice, we are challenged to actively work towards creating a more inclusive and equitable society. In its mission, CAFOD projects and campaigns call for the breaking down of barriers and advocate for the dignity and rights of all individuals.

May we be encouraged to recognise the humanity in every individual, and to work and pray for a world where everyone is treated with dignity, respect, and love.

Loving Lord, you reach out your hand to all who need your healing touch. Help us to reach out to others with love and acceptance, building your Kingdom here in our families and communities.  
Amen



### **The Words of Pope Francis**

Prayer gives us the strength to strive ahead, overcome our fears, and glimpse the salvation that God prepares for us, even amid the darkness. Prayer also draws God's salvation near. #YearOfPrayer



# THE Wednesday WORD



## Encountering Christ The Wednesday Prayer Custom for Homes, Schools & Parishes

*Prayerfully preparing for Sunday Mass with special prayers for our school families*



Set aside 10-15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross and remain still for a minute of settling silence.



Remember that through this scripture our Lord is truly present. Read the Gospel, aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.

### 1

#### Read

The Gospel for Sunday 11<sup>th</sup> February 2024  
**JESUS HEALS A LEPER**

A leper came to Jesus and pleaded on his knees: "If you want to," he said, "you can cure me." Feeling sorry for him, Jesus stretched out his hand and touched him. "Of course I want to!" he said. "Be cured!" And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, "Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery." The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

*Taken from Mark 1:40-45 The Sixth Sunday in Ordinary Time, Year B*

### 2

#### Reflect

After reading the Gospel, did any words stand out? If they did, ponder or discuss them before proceeding with the reflection.

Mark shows the warmth of Jesus' humanity with his concern for a leper. The leper had no right even to approach Jesus, but must have felt that he would get a favourable response and no word of reproach. "Jesus felt sorry for him" is rather a weak translation - the Greek is far stronger: colloquially it literally means 'was gutted'; so Jesus felt compassion to the depths of his being. Then Jesus touched him - in this touching he was both reaching out to someone ritually impure and risking infection. There have been famous repetitions of this brave and heartfelt gesture: Francis of Assisi kissing a leper's hand, Princess Diana shaking hands with an AIDS sufferer (when the sickness was thought to be contagious by touch). One can imagine the awestruck horror of the bystanders at this outrageous expression of love and sympathy. Why, then, does Jesus 'sternly' send him away? A more faithful rendering would be not 'sternly' but 'in anger'. It is possible that the anger is directed at the leprosy, considered as an exterior invasion, and so he sent it (the disease) away. At least Jesus' whole-hearted emotional involvement with the sufferer is palpable.

**Who are the equivalent of lepers in our society?**

*Dom Henry Wansbrough OSB*

### 3

#### Respond & Request

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Thank God for any insight you may have received.

Then ask God to bless you with a spiritual gift to help you act on any resolution you have made. Perhaps: love, hope, understanding, wisdom, faithfulness, peace, self control, patience, joy, forgiveness, hope or something else.

### 4

#### Pray for Families

**This Wednesday's word for our school families is COMPASSION!**

After praying for your loved ones, please remember to pray for our present and future Church, particularly for the families connected to our schools. You may want to conclude this special weekly time with a simple prayer such as:

St Joseph, Patron Saint of Families and Protector of the Church, pray for us. Mary, Star of Evangelisation, pray for us. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.



# WEDNESDAY WORD PLUS +

Fr Henry's reflections on the first and second readings of Sunday 11<sup>th</sup> February 2024



# 1

1st Reading: *Leviticus 13:1-2. 44-46*

## Leprosy

The Lord said to Moses and Aaron, "If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons. The man is leprosy: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, 'Unclean, unclean.' As long as the disease lasts he must be unclean; and therefore he must live apart; he must live outside the camp."

This reading from the Law sets the scene for Jesus' healing in the gospel reading. Leprosy in its modern medical sense (*Mycobacterium leprae*) is a devastating disease, leading to the loss of fingers, and then even whole hands and feet. These biblical regulations were, with good reason, designed to prevent contagion. In biblical times lack of precise diagnosis meant that other skin diseases, such as psoriasis and even acne, were often lumped together with what we today call leprosy. So the worst thing about many of the lesser forms of 'leprosy' would have been the isolation, for all 'lepers' were cut off from all human society. The priests were involved not so much as sacred ministers but as reliable persons to judge the symptoms, though the sacrifice of thanks for disappearance of the disease was a genuine religious thanksgiving.

How may we reach out to those who are treated as outcasts in our society?

# 2

2nd Reading: *1 Corinthians 10:31-11:1*

## Liberty and Love

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone - to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved. Take me for your model, as I take Christ.

This is the last reading this year from First Corinthians. It ends a section of the letter, and so should be read as a summing up. Paul has just quoted a slogan which that difficult community had thrown in his face, 'Everything is permissible'. This was the conclusion they drew from the abolition of the restrictions of the Jewish Law. Paul's principle was that the Spirit was an inner guide, so that no external restrictions were necessary. With their slogan the Corinthians had come to believe that there were no limits on what they might do, so Paul now adds various pieces of guidance. Firstly: 'whatever you do at all, do it for the glory of God'. If the glory of God is always before our minds, we can hardly go wrong. 'Never do anything offensive'; that is, never lead anyone else into sin. It is easy sometimes to put people in a situation in which they are bound to fail, through fear or anger or frustration, or just because they are unequal to the task. 'Take me as for your model, as I take Christ'. To us moderns this may sound arrogant, but Paul regarded himself as the Servant of the Lord Jesus, just as Jesus regarded himself as the Servant of the Lord. So Paul is encouraging the self-confident Corinthians to put themselves in the position of servants, serving the community for the glory of God. No matter what our position, we can always do something more for the community.

How can you be a better servant of Christ and of the community?

» If the glory of God is always before our minds, we can hardly go wrong. «

**The Wednesday Word** Connecting Home, School & Parish through the Word of God

**The Wednesday Word** is under the patronage of St Joseph, Patron Saint of Families and Protector of the Church  
Within the tradition of the Catholic Church, each Wednesday is dedicated to St Joseph



**Wednesday**  
**7<sup>th</sup> February**



**Good News**  
**for Families**

**1**

## Enjoy reading this Sunday's Gospel

One day a man who had leprosy came to Jesus because he wanted to be healed. The man knelt in front of Jesus and said, "If you want to, you can heal my leprosy." Jesus was filled with compassion and said, "Of course I want to." Then Jesus reached out to touch him and said, "Be healed!" At once the man's leprosy disappeared and he was healed. Before sending the man on his way Jesus said firmly, "Don't tell anyone about this. Just go and show yourself to the priest, and take an offering to the Temple as commanded by Moses, and everyone will know that you have been healed." But, instead, the man went and told everyone what had happened. This meant that Jesus could no longer go openly into any town, but had to stay out in the country. Even so, people would still come to him from everywhere around.



Taken from the Gospel of Sunday 11<sup>th</sup> February 2024 Cf. Mark 1:40-45 (the 6<sup>th</sup> Sunday in Ordinary Time, Year B)

Which words stood out for you in this Gospel, and why? What does the picture make you think about? Now enjoy exploring this Wednesday's word, which is **COMPASSION**.



To colour the picture for this Sunday's Gospel, please see the back page.



2

## Wednesday's Word

COMPASSION



**"The compassion of God, his suffering-with-us, gives meaning to our struggles and our sufferings."** Pope Francis

What was Jesus filled with when the leper knelt down in front of him? Jesus has compassion for all those who are left out: he came to take away fear, loneliness and bullying – to help people feel loved and accepted. We can experience Jesus' compassion through other people and through spending time in prayer. Ask your child what the word 'compassion' means to them. Has your child ever been left out or felt rejected? Ask them if they can remember a time when someone showed them compassion. What was it like to know that someone really cared about their situation and feelings?

**"We should strive to keep our hearts open to the sufferings of other people, and pray continually that God may grant us that spirit of compassion."**

St Vincent de Paul

To be compassionate is to share someone's suffering – to feel sorrow for their situation and to do something about it. Compassion is an attractive quality. Our own example in daily life can help our children become more compassionate. Ask your child if they can remember when they last felt sorry for someone and helped them. Who is the most compassionate person they know? How does that person show their compassion? As a family, ask yourselves, "Is there anyone who needs our compassion and our help at this time? What could we do?"



Dear Lord Jesus, please increase our faith in your love and **compassion**, and give us the **compassion** and strength to help us to care for all those who are left out. Amen.

WEDNESDAY  
WORDSEARCH

**SMARTSEARCHERS** FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**



**MAN  
KNELT**

**JESUS  
COMPASSION**

**REACHED  
TOUCHED**

**LEPROSY  
HEALED**



**SUPERSEARCHERS** FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**

D	E	H	C	A	E	R	D	K	R	A	R
K	C	K	N	L	D	E	H	C	U	O	T
N	C	O	M	P	A	S	S	I	O	N	S
S	D	T	M	S	R	D	K	J	D	L	P
Y	S	O	R	P	E	L	K	N	E	L	T
L	P	U	H	E	A	L	E	D	E	T	K
E	R	C	H	J	C	S	E	J	J	L	R
P	J	H	U	C	H	S	S	U	E	J	T
R	D	E	L	A	E	H	J	I	A	M	K
O	P	D	S	J	D	R	K	N	O	A	S
S	J	E	S	U	S	D	A	P	D	N	R
Y	S	O	M	S	S	M	P	R	S	L	D

Cross out the letters **i o f** in the 4 jumbled words to find 4 real words.

hefailoed fomain icafmoe boeciafuse

A \_\_\_\_\_ who had leprosy \_\_\_\_\_ to Jesus  
\_\_\_\_\_ he wanted to be \_\_\_\_\_.

## DID YOU KNOW?

11th February, is the Feast of Our Lady of Lourdes ('Lourdes' is a place of healing and compassion).

Find out more about Our Lady of Lourdes in the children's section: [wednesdayword.org](http://wednesdayword.org) and see the 'SAINTS FACTFILES' section.

**Write** a promise and then **draw** a big smile on Smiley

This week I will try my best to...

.....  
.....



Happy Birthday this week to...

Phoebe, Hendrix, Jemimah. Jackson & Jeanette



### Headteacher Award:

Hendrix, for donating money to CAFOD club, when there was nothing left to buy in the sale.

### Golden Awards:

- Butterflies: Tomas, for a fantastic attitude in phonics, making great progress.
- Dragonflies: Reg, for working very hard in all of your work.
- Grasshoppers: Tilly, for drawing a fantastic map in geography.
- Hedgehogs: Amara, for a positive attitude towards friendships and learning.
- Squirrels: Millie, for trying hard on her work.  
Caliyah, for writing a lovely vegetable shape poem.
- Badgers: Clara, for excellent input in class discussions.
- Foxes: Christabel, for always having a great attitude and being a good role model.
- Hares: Jacob, for his amazing enthusiasm about the Amazon rainforest.
- Rabbits: Miruna, for an amazing effort in her writing.
- Kingfishers: Sophie, for her fantastic effort in R.E. this week.
- Robins: Julia, for her amazing effort in science, when creating a poster about our solar system
- Eagles: Aimee, for always being ready to learn and setting an excellent example to her peers
- Owls: Kiera, for showing an amazing knowledge of WW2 in history

## Diary Dates

All clubs are 15:15 to 16:15

<u>Monday 12th February</u>	<u>Shrove Tuesday 13th February</u>	<u>Ash Wednesday 14th February</u>	<u>Thursday 15th February</u>	<u>Friday 16th February</u>
Years 3 to 6 Chaplaincy lunchtime	Badgers library visit 9:00	Mass 9:15	Rabbits library visit 10:00	Inset Day
Kingfishers swimming	Hares library visit 11:00	KS1 Karate	Robins library visit 11:00	
KS1 Football	Parent forum 14:00		Years 1 to 2 Chaplaincy lunchtime	
			KS2 Karate	
			KS2 Football	

Please download our News & Events App for dates for the year. Details are available on the schools website under News & Events at [www.holycross-pri.essex.sch.uk](http://www.holycross-pri.essex.sch.uk)

Wishing everyone a lovely weekend.

Mrs A Kerrell

A handwritten signature in black ink, appearing to read 'Mrs A Kerrell'.

### House Points

**Congratulations to the winning house this week, St David's**