

## **PSHE**

### PSHE INTENT

At Holy Cross Catholic Primary Academy, we engage passionately with a holistic approach to PSHE. We follow the 'JIGSAW' programme which supports us with a mindful approach to PSHE. Our curriculum enables us to bring together Personal, Social, Health Education, emotional literacy and social skills in a comprehensive scheme of learning.

In our lessons, we cater for the children's needs allowing them to build relationships, getting to know their peers as unique human beings. Our PSHE lessons support our mission statement and allow each child to feel safe and happy in a caring community where each child is valued for their own unique qualities.

### IMPLEMENTATION

At Holy Cross we use the 'JIGSAW' PSHE scheme of work from Foundation stage through to Year 6 as the basis of our curriculum. This provides even coverage and progression across all aspects of PSHE.

'JIGSAW' is taught through a series of 5 topics: Being in my world, Celebrating Difference, Dreams and Goals, Healthy Me and Relationships.

PSHE lessons are taught with a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health.

Lessons carefully plan for the progression of Personal, Social and Health education, emotional literacy and social skills.

### IMPACT

Our PSHE curriculum allows our children to be unique, value themselves and understand how they relate to other people in an ever-changing world.

The PSHE Curriculum we offer our children is of high quality, well thought out and is progressive throughout each year.

Children will enjoy PSHE lessons, broaden their thinking and address preconceptions.

Children will express themselves with confidence when speaking and develop the ability to listen to another person's point of view.