



*Jesus is the centre of our lives,  
Our learning and friendships.  
In a safe, happy and caring community  
Where all are welcome.*

# **HOLY CROSS CATHOLIC PRIMARY ACADEMY**

## **PSHE POLICY**

**JUNE 2021**

**REVIEW JUNE 2023**

## Introduction

Our PSHE curriculum promotes the Personal, Social and Health Education development of children at Holy Cross Catholic Primary Academy. We deliver the PSHE curriculum using 'Jigsaw' which is broadly based, balanced and meets the needs of all children.

Relationships is included as part of the 'Jigsaw' programme. However, Relationships and specifically, Sex Education, is taught through our Catholic 'A Journey in Love' programme. For further information on this, please see our RSE policy.

## PSHE INTENT

At Holy Cross Catholic Primary Academy, we engage passionately with a holistic approach to PSHE. We follow the 'JIGSAW' programme which supports us with a mindful approach to PSHE. Our curriculum enables us to bring together Personal, Social, Health Education, emotional literacy and social skills in a comprehensive scheme of learning. In our lessons, we cater for the children's needs allowing them to build relationships, getting to know their peers as unique human beings. Our PSHE lessons support our mission statement and allow each child to feel safe and happy in a caring community where each child is valued for their own unique qualities.

## IMPLEMENTATION

We follow the 'JIGSAW' PSHE programme which is taught weekly throughout our school from Reception through to Year 6.

At Holy Cross we deliver our PSHE lessons with a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health.

PSHE lessons carefully plan for the progression of Personal, Social and Health education, emotional literacy and social skills.

## IMPACT

Our PSHE curriculum allows our children to be unique, value themselves and understand how they relate to other people in an ever-changing world.

The PSHE Curriculum we offer our children is of high quality, well thought out and is progressive throughout each year.

Children will enjoy PSHE lessons, broaden their thinking and address preconceptions.

Children will express themselves with confidence when speaking and develop the ability to listen to another person's point of view.

## Curriculum

At Holy Cross we use the 'Jigsaw' PSHE scheme of work from Foundation stage through to Year 6 as the basis of our curriculum. This provides even coverage and progression across all aspects of PSHE. 'JIGSAW' is taught through a series of 5 topics: Being in my world, Celebrating Difference, Dreams and Goals, Healthy Me and Relationships.

### How is Jigsaw PSHE organised in school?

'Jigsaw' is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time.

There are six Puzzles in 'Jigsaw' that are designed to progress in sequence from September to July and each Puzzle has six Pieces (lessons).

Each Piece has two Learning Intentions: one is based on specific PSHE learning and one is based on emotional literacy and social skills. The enhancements mean that 'Jigsaw' is relevant to children living in today's world as it helps them understand and be equipped to cope with issues like body image, cyber and homophobic bullying, and internet safety. Every Piece (lesson) contributes to at least one of these aspects of children's development. This is mapped on each Piece and balanced across each year group.

### The Learning Environment

Establishing a safe, open and positive learning environment based on trusting relationships between all members of the class, adults and children alike, is vital. To enable this, it is important that 'ground rules' are agreed and owned at the beginning of the year and are reinforced in every Piece – by using The Jigsaw Charter.

### **The Jigsaw Charter**

- We take turns to speak
- We use kind and positive words
- We listen to each other
- We have the right to pass
- We only use names when giving compliments or when being positive
- We respect each other's privacy (confidentiality)

## Differentiation

'Jigsaw' is written as a universal core curriculum provision for all children. Inclusivity is part of its philosophy. Teachers will, as always, tailor each Piece to meet the needs of the children in their class. To support this differentiation, many Jigsaw Pieces suggest creative learning activities that allow children to choose the media with which they work and give them scope to work to their full potential. To further support differentiation for children with special educational needs, each Puzzle includes a P-level grid with activities for children working at each of those levels.

## Assessment

A full assessment process is embedded in the Jigsaw program including a set of attainment descriptors for every year group and assessment activities to involve children in the process.

## Monitoring and evaluation

The PSHE Subject Team will monitor delivery of the programme through observation, learning walks and discussion with teaching staff to ensure consistent and coherent curriculum provision.

Evaluation of the programme's effectiveness will be conducted on the basis of:

- Pupil and teacher evaluation of the content and learning processes
- Staff meetings to review and share experience

## External contributors

External contributors from the community, e.g. health promotion specialists, school nurses, and community police and fire officers, make a valuable contribution to the PSHE programme. Their input should be carefully planned and monitored so as to fit into and complement the programme.

## Confidentiality and Safeguarding Issues

As a general rule a child's confidentiality is maintained by the teacher or member of staff concerned. All adults are aware that sometimes disclosures may be made during these sessions; in which case, safeguarding procedures must be followed immediately. If an adult believes that the child is at risk or in danger, he/she will report any concerns to the Designated Safeguarding Lead/Deputy Safeguarding Leads.

Sometimes it is clear that certain children may need time to talk one-to-one after the circle closes. It is important to allow the time for this to happen. If disclosures occur, Safeguarding procedures will be followed.

### E-Safety

Within the teaching of PSHE all staff will be aware of the school e-Safety policy and ensure that it is applied across their practice.

### Equality and Diversity

At Holy Cross, PSHE education is accessible to every child. Teaching will take in to account the ability, age, readiness and cultural backgrounds of our children and those with English as a second language to ensure that all can fully access our PSHE education provision, in accordance with the Equality Act 2010.

### Relationships and Sex Education

Whilst relationships and sex education are covered by the Jigsaw programme as a Catholic school, Holy Cross follows The Journey in Love Programme. Please see the RSE policy for more information on this.